

Mia & Pia

We love hair



**CARE INSTRUCTIONS  
NATURAL TOUCH HAIR®  
EXTENSIONS**

# Mia & Pia - CARE INSTRUCTIONS FOR NATURAL TOUCH HAIR®

Congratulations on choosing our high-quality Natural Touch Hair®. In order to enjoy your new dream mane for as long as possible, we ask you to follow the following care instructions!

## BEFORE THE APPLICATION

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Before applying bonded and tape extensions, you must wash your own hair thoroughly. The best way to achieve this is to use a deep cleanse shampoo which will remove all residue of styling products. Then fully blow-dry your hair. This ensures that the extensions stay in place perfectly. You can find detailed step-by-step instructions for attaching the extensions on our website [www.miapia.de/en](http://www.miapia.de/en).

## WASHING YOUR HAIR PROPERLY WITH HAIR EXTENSIONS

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We recommend using high quality care products that ensure that your own hair and your extensions are properly cared for. The Mia&Pia Balance Booster Shampoo and the Mia&Pia Magic Hair Conditioner are perfectly suited to the needs of your extensions.



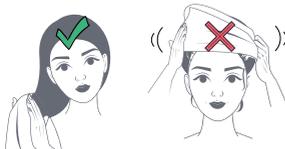
- Do not use care and finishing products containing alcohol or that are acidic (e.g. fruit acid). This could make bonds/tapes porous and cause extensions to shed.



- Do not wash your hair upside down when wearing hair extensions. Distribute the shampoo gently in the hair and avoid rubbing the bonds.



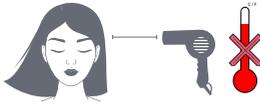
- After thoroughly rinsing the shampoo, gently massage Mia&Pia Magic Hair Conditioner into the lengths and tips (do not apply to the roots!) and leave it in for 5-15 minutes, depending on the condition of your hair.



- While the conditioner is still in the hair, brush the lengths and tips very gently with the extension brush. Rinse it out thoroughly only with cold water. Then gently pat the hair with the towel. Never rub dry with a towel!

## DRYING

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- After washing the hair, it is important to blow-dry the bonds completely. Make sure that the temperature is not too hot.



- We recommend using a large round brush. You can also blow dry on cool on individual hair sections after shaping, or let them cool down on the brush.



- Always blow dry in the direction of growth, i.e. towards the tips. Blow-drying against the direction of growth causes the cuticle layer to stand up and the hair to look dry and brittle! Use a nozzle that focuses the air jet of the blow dryer.

## HEAT-STYLING

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With extensions you still can achieve a variety of hair styles. You can curl, straighten or otherwise shape them if you keep the following in mind:



- Use a heat protection product - you can get good ones at your hair salon/beauty supplies.



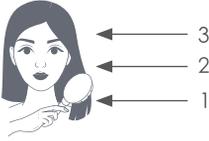
- Make sure that you don't let too much heat get to the attachment areas, otherwise the tapes might fall out (e.g. when using a flat iron or curling iron).

## BRUSHES

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- Brush your hair daily with Mia&Pia's special extension brush. This brush was especially developed for extensions and allows for the extensions to be brushed through easily. To avoid matting, also brush over the attachment areas close to the roots.



- When brushing, always make sure that you brush the tips first and then move the brushing strokes more upwards. Long hair should never be brushed right through from the roots to the ends. Hold the rest of the hair down while brushing the lengths to avoid for the bonds and your roots to be strained unnecessarily.

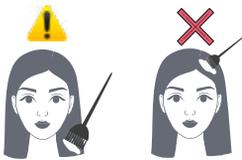
- If matting should occur, loosen it carefully with your fingers first and brush it out afterwards.

## COLOUR

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- Basically we recommend not to colour the extensions. Here is why: First off, colouring is always a chemical process and compromises both your own hair and your hair extensions (especially the bonds). Furthermore, it is very likely that a different colour result will be achieved than what you had hoped for. If you still want to colour the strands, have it done by a professional. And do it before you start applying them, to avoid damaging the bonds!



- The roots of your own hair can be coloured. But have this done only by a professional hair stylists who will make sure that no colour gets on the attachment area. The extensions can be toned before working them in - but again, no colour should get on the bonds!

## TIPS & TRICKS

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**BONDS:** Pull apart/ separate the individual strands regularly. When exercising, swimming and before going to bed, tie your hair or braid it. This way your hair won't get tangled while you sleep.

**CLIP-INS:** To better secure your clip-ins, backcomb your own hair before attaching. Clip-ins should always be removed before going to bed, as friction and tension during sleep can damage your hair.

## CLEAN UP CUT:

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4-6 Wochen

For bonded extensions, a Clean Up Cut is necessary every 4-6 weeks. These regular clean up cuts are a must! Reason why is that every person loses up to 100 hairs a day. This is a completely normal and natural occurrence. Some of these hairs that fall out get stuck in the bondings and can lead to matting. In order to avoid this, hairs that have fallen out must be removed from the bondings regularly by means of a Clean Up Cut.



Salt and chlorine water can damage both the hair and the extensions. Therefore you should wash your hair thoroughly after swimming.

## WEAR TIME

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### Bondings / strands:



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4-6 mesi

In the case of bonded hair extensions, the condition of your own hair influences the length of the wear. The stronger your own hair, the longer the extensions can be worn. With very strong hair and good care, the wearing period is **up to 6 months**. With fine hair, however, only **about 4 months**.

### Tape-In Extensions:



2 - 3 mal



max.  
8 Wochen

Tape-Ins should be removed after **6-8 weeks** with the Tape-Ex-Remover. The main reason for reapplying at that time is that as the tapes move further down due to natural hair growth, they become visible due to their size.

Mia&Pia Tape-Ins however, can be reapplied and moved up again about two to three times using our Come-Back-Tapes.

### Clip-In Extensions:



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nicht dauerhaft

Clip-In Extensions are intended for short-term use - for example for weddings, parties or events. They can be easily attached by yourself and removed from your own hair at any time by opening the clips.



### Natural Touch Hair<sup>®</sup>

Light, natural wavy hair

Natural Touch hair is premium 100% European real hair. It is characterized by its natural and healthy hair look. This hair is also very suitable for sensitive scalp and thin hair, has a natural, light curl and can also be straightened.

Available as bonded extensions, tape-ins and clip-ins!



### Studio Style Hair<sup>®</sup>

Strong, straight hair with memory effect

The innovation on the hair extension market!

Smooth, fiber-reinforced human hair in Studio quality that allows for hair styles to last much longer. No matter if it's a beautiful straight mane or perfectly long lasting beach waves, the hair stays in perfect shape. In addition, this hair is easier to style, dries faster and has even more bounce.

Now available as Tape-Ins!

Important: Studio Style Hair requires special care. The care instructions for Studio Style Hair are included when the hair ships or can be found on [www.miapia.de/en](http://www.miapia.de/en).

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We will be happy to support and advise you personally. Should you have any questions, contact us by email at [service@miapia.de](mailto:service@miapia.de) or by phone at +49 (0)174 / 24 34 332 (Mo - Fr: 09:00 am - 12:00 pm).

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